



The majority of Christians come to know Jesus as young people; this is something to be celebrated and excited about. However, there are less young people in the Church than ever before. Young people living in the UK today need our prayer.

Here are five ways to pray for young people:

1. Pray for Jesus to be known

Pray for the Gospel to reach young people across the UK, and for churches working with young people and organisations who support young people. Pray that Jesus would be known and for God's love to be understood by young people across our nation. Pray specifically for young people you know in your community.

2. Pray that the Bible will be shared

Engaging with young people is a challenge that many churches struggle with. Pray that entire churches will be equipped to reach young people, and that God would bless the work of vicars, youth and school workers. Pray that each church in your area will see sharing the message of the Bible with the next generation as an essential part of their work.

3. Pray God would call young leaders

Jesus' disciples were probably teenagers or in their early twenties when they were called by Him. Pray that God would raise up young leaders who can reach their peers; that they will build the future church in our nation.

4. Pray for the pressures young people face

Today, young people are crippled by the pressures of our increasingly digital culture, where pornography, cyber-bullying, and online relationships are increasing. Huge numbers of young people come from broken families; there has been a rise in anxiety, depression, and eating disorders among young people. Pray against these pressures, and for spiritual guidance from older Christians who can communicate God's love to them.

5. Pray for one young person you know

Committing to pray for one person by name can bring transformation. Take a moment to ask God to bring one young person to mind. Commit to praying for them for the next three months. You might like to use the following prayer:

Loving Father,
in the face of Jesus Christ
your light and glory have blazed forth.
Send your Holy Spirit that I may share with [name your friends]
the life of your Son and your love for all.
Strengthen me as a witness to that love
as I pledge to pray for them,
for your name's sake. Amen.